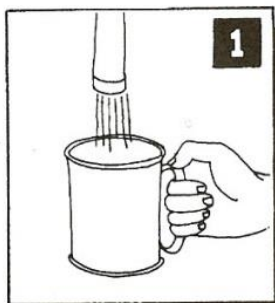
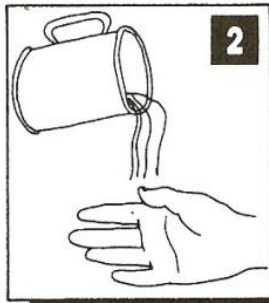


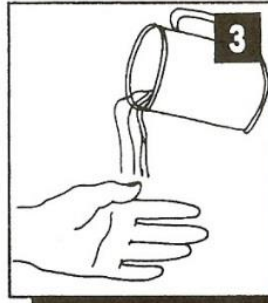
How to Wash Hands Before Eating Bread



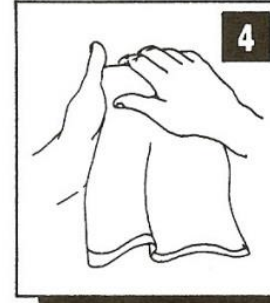
1 Hold cup in right hand and fill with water.



2 Transfer cup to left hand and pour water over right hand, front and back.



3 Refill cup, holding in right hand, and pour over left hand, front and back.



4 Recite the following blessing while drying hands:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

“Boruch ata A-donai, E-lohaynu melech ha-olam, asher kid-shanu b'mitsvo-tav v'tsee-vanu al n'teelat ya-da-yim.”

Blessed art thou, Lord our G-d, King of the Universe, who has sanctified us with His commandments and ordained for us the washing of the hands.



REMEMBER! Do not speak until you have blessed and eaten bread. **Shhhhh!**